



**Breakfast & Lunch Menu -
Eat Smart Play Hard
East, Freedom, Wood, Thayer, & Partridge Elementary School
Menu Subject To Change**

Monday	Tuesday	Wednesday	Thursday	Friday
31 Kelloggs' Cereal & Milk Pears, Ham Stick 100% Fruit Juice	1 Blueberry Pancake 100% Fruit Juice Milk	2 Biscuit & Gravy Fresh Apples 100% Fruit Juice, Milk	3 Breakfast on a Stick Pineapple Chunks 100% Fruit Juice, Milk	4 Breakfast Pizza Pineapple Chunks 100% Fruit Juice, Milk
7 Kelloggs' Cereal & Milk Pears, Ham Stick 100% Fruit Juice	8 Blueberry Pancake 100% Fruit Juice Milk	9 Sausage Biscuit Fresh Apples 100% Fruit Juice, Milk	10 Breakfast on a Stick Pineapple Chunks 100% Fruit Juice, Milk	11 No School
14 Kelloggs' Cereal & Milk Pears, Ham Stick 100% Fruit Juice	15 Waffles with Syrup Bacon 100% Fruit Juice, Milk	16 Sausage Biscuit 100% Fruit Juice Milk	17 Breakfast on a Stick Mandarin Oranges 100% Fruit Juice, Milk	18 Breakfast Pizza Pineapple Chunks 100% Fruit Juice, Milk
21 Blueberry Pancake 100% Fruit Juice Milk	22 Sausage Biscuit Fresh Apples 100% Fruit Juice, Milk	23 No School	24 No School	25 No School
28 Kelloggs' Cereal & Milk Pears, Ham Stick 100% Fruit Juice	29 Blueberry Pancake 100% Fruit Juice Milk	30 Sausage Biscuit Fresh Apples 100% Fruit Juice, Milk	1 Breakfast on a Stick Mandarin Oranges 100% Fruit Juice, Milk	2 Breakfast Pizza Pineapple Chunks 100% Fruit Juice, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
31 Turkey Dog on WG Bun French Fries Corn Milk Apple Jammer	1 Chicken Nuggets Mashed Potatoes Green Beans Wheat Rolls Milk Mandarin Oranges	2 Chicken Quesadillas GARDE N SALAD SPANISH RICE Fresh Grapes Milk Reduced Calorie Ranch	3 Spaghetti & Meatballs CARROTS Sunny Fruit Salad Bread Sticks Milk String Cheese	4 Pepperoni Pizza GARDE N SALAD Reduced Calorie Ranch Fresh Banana Milk Sherbet
7 Corn Dog French Fries Steamed Broccoli LowFat Cottage Cheese Fruit Cocktail Milk	8 Grilled Chicken On Bun RC Mac & Cheese Green Beans Mandarin Oranges Milk BBQ Sauce	9 Beef Ravioli String Cheese GARDE N SALAD Bread Sticks Yogurt Cup Milk	10 Pizza Cheese Wheat Crust GARDE N SALAD Reduced Calorie Ranch Pineapple Chunks Milk Ice Cream	11 No School
14 Hamburger on WG Bun Tater Tots CORN Pears Milk Chocolate Pudding	15 Cooks Choice Green Beans Blushing Pears Milk	16 Homestyle Chicken Nugget BBQ Sauce Mashed Potatoes Veggie Sticks w/ Dip Milk No Bake Cookies	17 Family Feast dates are listed on the back of the menu Family Feast Menu: Turkey Mashed Potatoes & Gravy, Stuffing Wheat Rolls, Corn Fruit Salad, Milk	18 Pizza Cheese Wheat Crust GARDE N SALAD Reduced Calorie Ranch Pineapple Chunks Milk Sherbet
21 Turkey Dog on WG Bun Tiger Fries Steamed Broccoli APPLESAUCE CAKE Peaches Milk	22 Chicken Quesadillas GARDE N SALAD SPANISH RICE Pineapple Chunks Milk Reduced Calorie Ranch	23 No School	24 No School	25 No School
28 Popcom Chicken Mashed Potatoes Green Beans Whole Wheat Bread LowFat Cottage Cheese Peaches	29 TOASTED TURKEY HAM*CHEES Pretzels Steamed Broccoli CARROTS APPLE CRISP	30 CHILI CON CARNE W/ BEANS CRACKERS GARDE N SALAD Reduced Calorie Ranch Pineapple Chunks	1 Spaghetti & Meatballs CARROTS Sunny Fruit Salad Bread Sticks Milk String Cheese	2 Pepperoni Pizza GARDE N SALAD Reduced Calorie Ranch Fresh Banana Milk Sherbet